



United Family Healthcare  
和睦家医疗

**Beijing United Family Hospital and Clinics 北京和睦家医院**

2 Jiangtai Road, Chaoyang District, Beijing 100015 北京市朝阳区将台路2号 100015

Tel 电话: 4008-919191

Fax 传真: +86 (10) 5927 7200

**24hr Emergency Hotline 急诊: +86 (10) 5927 7120**

Website 网址: [www.ufh.com.cn](http://www.ufh.com.cn) Weibo 微博: @北京和睦家医院



**Emergency**  
急诊



**Anesthesiology**  
麻醉科



**Cardiovascular Center**  
心血管中心



**Dental Clinic**  
口腔科



**Dermatology Center**  
皮肤科



**Eye Clinic**  
眼科



**ENT Clinic**  
耳鼻喉科



**Family Medicine  
(Primary Care)**  
全科



**Intensive Care Unit**  
重症监护室



**Integrative Medicine**  
康复医学科



**Internal Medicine**  
内科



**Obstetrics  
& Gynecology**  
妇产科



**Oncology Services  
New Hope Center**  
肿瘤治疗服务



**Pediatrics**  
儿科



**Plastic, Reconstructive  
& Cosmetic Services**  
整形美容服务



**Psychological  
Health Center**  
心理健康中心



**Surgery**  
外科



**Laboratory**  
检验中心



**Pharmacy**  
药房



**Radiology/Imaging**  
放射科

**United Family Shunyi Clinic**  
和睦家顺义诊所  
Tel 电话: +86 (10) 8046 5432

**United Family Shunyi Dental Clinic**  
和睦家顺义口腔诊所  
Tel 电话: +86 (10) 8046 1102

**United Family Financial Street Clinic**  
和睦家复兴门诊所  
Tel 电话: +86 (10) 6621 7939

**United Family Liangma Clinic**  
和睦家亮马诊所  
Tel 电话: +86 (10) 5927 7005

**United Family CBD Clinic**  
和睦家朝外诊所  
Tel 电话: +86 (10) 5907 1266

**Beijing United Family Rehabilitation Hospital**  
北京和睦家康复医院  
Tel 电话: +86 (10) 8558 1800

**United Family New Hope Center**  
和睦家启望中心  
Tel 电话: +86 (10) 5927 7008

**United Family Jianguomen Health and Wellness Center**  
和睦家建国门保健中心  
Tel 电话: +86 (10) 8532 1221  
+86 (10) 8532 1678 (Immigration Clinic)

**United Family Guangqumen Clinic**  
和睦家广渠门诊所  
Tel 电话: +86 (10) 6779 7518

**United Family Wudaokou Clinic**  
和睦家五道口综合门诊部  
Tel 电话: +86 (10) 8236 6918



The BJU Laboratory and Blood Bank have met the standards of the College of American Pathologists 北京和睦家医院检验科及血库经美国病理学家学会认证

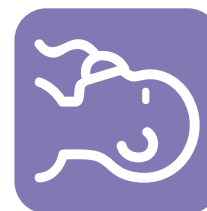


The UFH network has pioneered JCI quality accreditation in China 和睦家医疗获得国际医疗卫生机构认证联合委员会(JCI)认证



BJU is going GREEN

Issued on: 2015-04-30



# Anesthesiology 麻醉科

## Pre-anesthesia Clinic 术前麻醉门诊

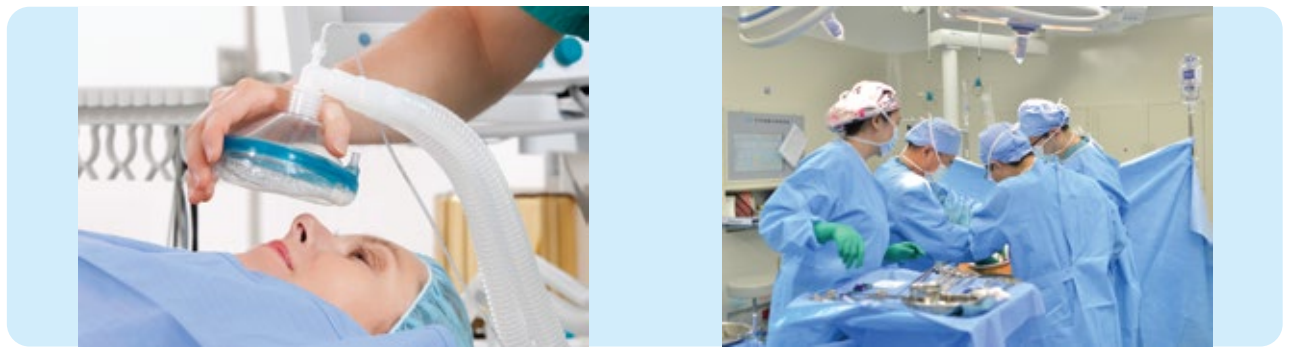


United Family Healthcare  
和睦家医疗

### United Family Healthcare Pre-anesthesia Clinic 和睦家术前麻醉门诊介绍

A pre-anesthesia clinic is an international best practice to better prepare the patient and the care team for the upcoming procedure. Healthcare organizations in the U.S., U.K., Australia, Canada, and many other countries have proven that successful implementation of a pre-anesthesia clinic can improve procedure safety, surgical outcomes, and overall patient experience.

术前麻醉门诊是国际上术前准备工作的最佳实践。包括美国、英国、澳大利亚、加拿大等许多国家的医院已证明，开展术前麻醉门诊可以显著提高手术安全，降低手术麻醉风险，提升患者体验。



**Clinic hours:** Monday- Friday, 10 am - 6pm

门诊时间：周一至周五，10:00-18:00

**Location:** Department of Surgery, 1F BJU 2,

门诊地点：二号楼一层外科门诊

**Contact:** (010) 5927 7060 or 4008-919191

门诊预约电话：(010) 5927 7060 或 4008-919191

#### The purpose of our Pre-anesthesia Clinic is to better prepare you 1-2 weeks before your coming procedure, by:

- Conducting examinations and tests to assess your health condition for anesthesia and the coming procedure, thus preventing unnecessary postponements and/or cancellations. Your anesthesiologist will examine you and make any necessary adjustments to your treatment leading up to your procedure.
- Calling for specialty or interdisciplinary consultation as needed or providing suggestions for you to get physically ready for your coming procedure to ensure the best outcome possible.
- Providing information and answering questions about your coming procedure and stay in hospital. This will help you to make the necessary arrangements.
- Assessing your requirements for discharge from the hospital and arranging for extra support services and/or equipment if required.

**目的：在手术日期前一周至两周左右的时间，通过门诊检查与咨询，帮助患者在术前调整至最佳状态，提高手术与麻醉安全。**

术前门诊的内容：

- 护士与麻醉医生对患者的健康状况进行全面评估，以确保其身体状况最适合手术和麻醉，减少因此造成的手术延迟与取消。
- 如发现患者的身体状况不是最佳的手术状态，则申请会诊，或对术前调整提出建议，确保手术麻醉安全。
- 为患者的术前准备、术中和术后计划提供全面的信息和指导，包括最佳麻醉方式的选择和相关咨询以及围手术期镇痛指导。
- 评估患者的术后需求，准备及安排术后所需的服务，例如术后康复教育，物理治疗，家庭医疗和术后支持医疗设备使用。

#### How should you prepare for your visit?

1. Bring all medications you are currently taking in their original bottles, along with a complete medication list from your pharmacy. This includes prescription medications, over-the-counter medications, vitamins or mineral supplements and herbal remedies, eye drops, inhalers, medical patches, and injectable medication such as insulin.
2. A Pre-anesthesia Clinic consultation takes about 30 minutes. The whole appointment will take 30-60 minutes or longer, depending on your health status .
3. If you need to cancel or reschedule your appointment at the Pre-anesthesia Clinic, please call us at (010) 5927 7060.

#### 关于术前麻醉门诊咨询：

1. 请携带患者近期服用的任何药物前来（最好带原包装），包括处方药、非处方药、维生素和矿物质营养补充品、中药、滴眼液、吸入剂、贴剂和注射液，比如胰岛素。
2. 门诊咨询时间约30分钟，整个就诊过程约30-60分钟，根据不同的健康状况，可能时间会相应变化。
3. 如需取消或改约，请提前拨打010 5927 7060 告知。

#### What if your health changes before your procedure?

If you do not feel well, or if there is a change in your health or schedule that may lead to cancellation or a rescheduling, please notify your surgeon at least 48 hours in advance of your procedure.

**如您的行程安排有任何变动**，需要取消或改约手术日期，请提前48小时通知您的医生。

Please also notify us if you have any of the following symptoms:

- A new cough or a cough that is getting worse
- A fever, or chills, or both
- Diarrhea
- Shortness of breath (worse than your usual)
- Muscle aches
- Extreme fatigue or feeling very tired
- Vomiting
- Severe headache (worse than your usual)

若您的健康状况有任何改变，例如有以下任何症状，也请及时告诉我们。

- 咳嗽或咳嗽加重？
- 发烧？
- 腹泻？
- 呼吸急促？
- 肌肉酸痛？
- 疲劳？
- 呕吐？
- 严重的头痛？

If it is after hours, a weekend or holiday, please call our 24hr Service Center at 4008-919191 for assistance.

如果是下班时间或者周末节假日，请联系我们的24小时客户关怀中心4008-919191。



To learn more about our Pre-anesthesia Clinic, or to consult with an anesthesiologist, scan our QR code.

如您想了解关于术前麻醉门诊的更多信息，或有更多问题想线上咨询麻醉医生，请扫描微信二维码或关注我们的微信服务号：北京和睦家麻醉疼痛科

